

Vaughan Elementary School Weekly News

Week of January 23-27, 2012

www.vaughanptsa.org

Happy New Year from the Vaughan PTSA Health and Wellness Committee!! Please see below for some suggestions on keeping you and your family active in the New Year!

The U.S. Department of Health and Human Services recommends that children be physically active for at least 60 minutes a day. For children, the 60 minutes of activity can be done over the day, and some of that time may come from moderate physical activity offered in schools and classrooms through physical education classes. Adults should do a minimum of 2 hours and 30 minutes of moderate-intensity exercise each week



Make getting more physical activity and exercise a family project. Encourage everyone to think of fun activities that get you up and moving, off the couch, and away from the TV. Choose a different activity each day or each week to try. A few suggestions are below.

Also check out our 40 Tips for an Active Family.

More information on this topic can be found at:

<http://www.vaughanptsa.org/committees.cfm?subpage=1221108>

Do you eat breakfast in the morning?

Grab your morning “go-go juice” on the way to school drop off, along with \$2.50 and help support Vaughan with a chicken biscuit from Chick-fil A.



Get the kids to school and your breakfast all in 1 place!

Every Tuesday morning of the school year.

Thank you to all the volunteers who sell the biscuits rain, cold, or shine

NEW! *Best Value in Town!!*
Hours of FUN!

There's something for everyone at Sparkles!

Everything is Included for only \$6

Skating
Skate Rental Incl

Playzone
Ages 10 & younger

1 game of
Laser Tag

Pizza and Soda are available at
99¢ each!

Vaughan Elementary
Thurs, Feb 2
5-8 pm

No Charge for Non-Skating Parent
Chaperones
Teachers are FREE with School ID

Purchase your ticket in advance and enter to win a FREE Birthday Party

Return this form and your payment to purchase your tickets
by Tuesday, January 31st

Student: _____ # Tix needed @ \$6: _____

Teacher/Room: _____ Amount Enclosed \$: _____

** Tickets will be distributed at the door **

Sparkles
4054 Jimmy Lee Smith Pkwy, Hiram 770 943-4446
www.SparklesRollerRinks.com

Please print form from the Vaughan PTSA website and return to the front office by Tuesday, January 31st!!!
<http://www.vaughanptsa.org/index.cfm>

Please note that tickets will be distributed at the door the night of the event

GA PTA Information

Member Benefit Event

Educator Appreciation Day - March 10, 2012

Zoo Atlanta welcomes Georgia PTA members to join Educator Appreciation Day on Saturday, March 10, 2012. One active Georgia PTA member per household will enjoy FREE Zoo admission (ID required) and \$2 OFF admission for each accompanying guest. As you plan school field trips for the spring, this is the perfect opportunity to learn about all the opportunities that the Zoo can offer while enjoying 10% off in Zoo gift shops and restaurants.



Be prepared to present your current Georgia PTA membership card AND a state-issued photo ID upon arrival. Advance registration required prior to gaining admission to the Zoo. Pre-registration is recommended to expedite entry. Click on the flamingo icon at zooatlanta.org/educators_lounge to register online today!

Offer valid only on March 10, 2012; cannot be combined with any other Zoo offer or discount. Remember, Georgia PTA members always enjoy \$10 OFF Zoo Membership!

GA PTA Legislative Update

Advocating for Every Child

Georgia PTA's Legislative Update for January 15, 2012

The 2012 legislative session is underway and PTA advocacy has already begun. Bills held over from last year's session will continue to be followed as will new bills introduced this session. This session promises to be a busy one so to start the year prepared to advocate on a variety of issues.

**To find out more information regarding what the Georgia PTA has adopted as their Legislative Priorities, Budget News and New Proposed Legislation click below:

<http://www.vaughanptsa.org/index.cfm?subpage=1516191>

Week of January 23th Activities:

<http://www.vaughanptsa.org/calendar.cfm>

1. Monday PM - PIE - Esther Element - 2:30-3:30 - Please visit www.estherelement.com and click on *2012 Classes for a registration form or email us at estherelement@yahoo.com and we'll hold a space for you. We appreciate your interest in our program!
2. Tuesday AM - Fundraiser: Chick-fil-A Biscuits will be on sale from 7:15-7:50AM for \$2.50. Pre-paid tickets are available for a discounted price of \$12 for a book of 5 tickets and \$24 for a book of 10 tickets, fenway19@bellsouth.net
3. Tuesday PM - Enrichment: Acworth Art Gallery Class
4. Thursday PM – Enrichment: **ASEP**: Kid Chess
5. Friday AM – Spirit Day!!
6. Friday AM – Terrific Kids announced
7. Friday AM – Community Outreach: **Hat Day**: Donate 50 cents and wear your hat, all proceeds go to The Rally Foundation